

WHAT IS CLAIMED IS:

1. A waist twisting machine comprising:

A main base having a first post, a fixing base, a power source, and a gear unit; said fixing base having a support arm extending rearward and movably connected with the first post, said power source fixed in said fixing base, said gear unit moved by said power source:

A rotating unit consisting of a disc and a hoop; said disc rotated at the original location by said gear unit driven by said power source, said disc having a center opening, said hoop positioned in said center opening and having a center space for the waist of a user to fit therein and numerous massage rollers fixed on an inner surface: and,

Said hoop moved in a circle like a hula hoop, the waist of a user standing in said hoop receiving regular twisting motion from said hoop after a user enters in the space of said hoop, the waist of the user also receiving massage action caused by said massage rollers fixed on the inner surface of said hoop at the same time so that the user can obtain the effect of waist twisting and slimming.

2. The waist twisting machine as claimed in Claim 1, wherein a grip is further provided on an upper end of said first post and extends to the right and the left side of said first post, said first post has a rack in an intermediate portion lengthwise, said support arm has its

outer end fitting around said first post, and a swing handle is fixed through the fitting-around member of the support arm and engages with said rack so as to enable said swing handle swing said support arm to move up and
5 down along said first post.

3. The waist twisting machine as claimed in Claim 1, wherein said hoop has a connect rod fixed at an outer surface, said connect rod has its outer end extending movably in an wall defining said center opening of said
10 disc, and said outer end of said connect rod can be locked by a fastening means so as to move in and out of said connect rod and accordingly also said hoop.

4. The waist twisting machine as claimed in Claim 1, wherein said power source consists of a motor and a
15 speed-reducer, said gear unit consists of a main gear and two subordinate gears, with said main gear connected with an output shaft of said speed-reducer, and with said two subordinate gears respectively engaging with said main gear and respectively connected with a press
20 member, said two press members rotate counterclockwise as said two subordinate gears, said disc has an annular groove in an upper and a lower surface near an outer circumference, and said two press members fits in said annular groove to pressingly rotate said disc at its
25 original location.

5. The waist twisting machine as claimed in Claim 1, wherein an auxiliary base is further provided in front

of said main base to match with, said auxiliary base has a second post, and a support member, said support member is pivotally provided at a proper location of said second post, having its outer end fitting in the lower
5 annular groove of said disc to support said disc horizontally.

6. The waist twisting machine as claimed in Claim 1, wherein a hull respectively surrounds said main base and said auxiliary base, and a control panel is fixed on
10 an upper end of said hull for said main base, and a standing platform is formed between the bottoms of the two hulls.